Test your foodie knowledge with our crossword and you could win a new cookbook

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For a chance to win one of three signed copies of Made In London by Leah Hyslop (Bloomsbury, £26), complete the crossword to reveal 11 shaded letters that can be arranged to form a foodie phrase.

ACROSS

- 10 Leafy vegetable used for green juices and superfood salads (4)
- 11 Packed __; food prepared at home for work, school or
- a day trip (5)
- 12 Spice used to flavour Ayurvedic tea blends (8)
- 13 Roald __; first man to reach the South Pole (8)
- 14 Ingredient sprinkled on quails' eggs (6,4)
- 15 Spicy pod with varieties including chipotle and piri piri (6)
- 16 Fish served en croute or en papillote (6)
- 17 Layer of pastry on a pie (5)
- 20 Delia __; How To Cheat At Cooking author (5)
- 22 Herb used to flavour or garnish Pimm's (4)
- 23 Utensil used to filter tea leaves (8)
- 26 Edible red seaweed used to make agar (o)
- 28 Wooden skewer for cooking chunks of meat or fish (9)
- 31 Shredded carrot and

cabbage salad (8)

- 33 Grains used for risotto, paella and biryani (4)
- 34 Variety of tea used for
- breakfast blends (5)
- 37 Beef or sova ingredient used for cottage pie (5)
- 39 Food From __; cookery book
- by Diana Henry (6) 40 Varieties of Malaysian
- coconut curry noodle soups (6)
- 43 Condiment used for sandwiches or salads (10)
- 45 White wine with sparkling water (8)
- 46 Frozen dessert known as gelato in Italy (3,5)
- 47 Term for a circular shortbread biscuit (5)

48 Elly Pear's __ Eat; book by Elly Curshen (4)

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DOWN

- 1 English name for prosciutto (5,3)
- 2 Bulb-like vegetable served in
- primavera-style dishes (6)
- 3 Milk chocolate-covered biscuit bar by Fox's Biscuits (7)
- 4 Abbreviation of a word meaning 'unnamed' (4)
- 5 Food used for brownies,
- mousses, tortes and truffles (9) 6 Molluscs served in some
- types of fish pie (8) 7 Unilever brand of stock pots and gravy pots (5)
- 8 _ salad; romaine lettuce,

- 19 Earthenware pot for storing 21 Sacher__; traditional
- Viennese chocolate cake (5)
- 24 Twist: Creative __ To Reinvent Your Baking; book by 2014 Bake Off quarter-finalist Martha Collison (5)
- 25 African cornmeal porridge (5)
- 27 Provençal garlic dip for
- 29 road: chocolate and marshmallow biscuit treat (5)
- 30 __ juice; fruit beverage in a Cosmopolitan cocktail (9)
- 32 Variety of dessert pear used
- to make eau de vie (8) 35 Almond-flavoured Italian biscuits (8)
- 36 Buttery sauce served with fettuccine (7)
- 38 Pilgrims __; brand of Cheddar cheese (6)
- 41 __ chips; brand of crisps (6)
- 42 __ Delight; powder whipped with milk as a quick pudding (5)
- 44 Marble __; London landmark (4)
- 45 Food such as minestrone or gazpacho (4)

For a list of answers and the hidden phrase, email feedback@sainsburys magazine.co.uk from 1 August 2018

with gooseberries (4)

by Dhruv Baker (5)

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croutons, Parmesan... (6)

9 Pudding traditionally made

16 __: Layers of Flavour; book

18 Word linking corn, pepper marjoram and rocket (5)

HOW TO ENTER

- Text CW2, followed by a space and your answer, your name and address, to 85100
- To enter online, fill in the solution and your details at sainsburysmagazine.co.uk/win Closing date 31 July at 23.59

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